



## Social Media and Self-Esteem: Has it Created a More Insecure Youth?

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Pop Culture  
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### Introduction

Social media and self-esteem have become intertwined in our society. Social media has given teens the instant ability to connect with others; however, teens must also contend with pressure to look and act in certain ways. In this writing prompt, students will share their thoughts on the question: “Has social media created a more insecure youth?” as well as provide relevant and sufficient evidence to back their reasoning.

### Learning Objectives

[CCSS.ELA-Literacy.W.9-10.1](#). Students will write arguments to support claims in an analysis of substantive topics or texts, using valid reasoning and relevant and sufficient evidence

### Materials Needed

- Paper and pencil

### Procedure

1. Tell students that experts say that kids growing up today have more anxiety and lower self-esteem because of the constant pressures of social media and pop culture. Then, ask students if they think that social media has created a more insecure youth and why they think that.
2. Tell students that today they will be writing an essay explaining their reasoning. Students can read articles online to help with their essay; however, they must use relevant and sufficient evidence to back up their point of view.

### Evaluation

Students will be assessed on how well they followed the guidelines for the writing prompt. Essays should have the following components:

- Introduction with a thesis statement
- Three supporting paragraphs that include facts and information collected during research
- Conclusion
- Well organized, good flow, and free of grammatical and spelling errors